

SOME THOUGHTS ON STEP FOUR

If you choose to do your Fourth Step in your head and don't write it down, that's fine, but **please don't call it AA.**

Am I SELFISH? If I am resentful, it is because someone did not do what I wanted them to do in the past. They did not do it my way. That is being SELFISH. If I am angry, it is because someone is not doing what I want them to do right now. They are not doing it my way. That is being SELFISH. If I am fearful it is because I know someone is not going to do what I want them to do in the future. They are not going to do it my way. That is being SELFISH. If I feel guilty or remorseful, it is because I got my own way at your expense. And that is being SELFISH. It seems that page 62 of the Big Book is correct when it says SELFISHNESS is the root of all my trouble.

If you hate a person, you hate something in them that is part of yourself. What isn't part of ourselves doesn't disturb us. What I hate in another, is usually what I struggle with myself.

Forgiveness is a process through which we free ourselves from the bondage to another person that is maintained for as long as we stand in judgment of them. Forgiveness is love in action.

The 4th step isn't about finding out who you are, it's about finding out who you are not, so you can get rid of it and who you are will shine thru. That's why self-knowledge avails us nothing. We need to find out what GOD wants us to be.

Hating destroys the hater.

Resentment = wrong judgments, Fear = wrong believing, Harms = wrong actions.

Resentment is like taking poison and expecting the other person to get sick.

Fear is the faith that something bad is going to happen.

Thanks for your anger, because it reminds me when I'm angry what I do to myself.

Fears usually revolve around three things: afraid of loosing what I have, afraid of not getting what I want, or afraid of someone finding out what I did.

It is not that anything changes, it's just that we get a new pair of glasses that are in focus, and when we take a look at everything through the spiritual glasses, we realize everything has been fine all along. The problem was that our vision was distorted. It was distorted because we were looking at everything from a position of self-centeredness; we're looking at the universe with us at the center. From that perspective, everything was screwed up. As soon as we change to being more God-centered or love-centered or others-centered, peace of mind becomes our constant state.

(A prayer to begin with each time you sit down to write your Fourth Step) God please help me with this; show me what I need to know. Please protect me, Thy Will not mine be done. Amen.

Any person capable of angering you becomes your master; he can anger you only when you permit yourself to be disturbed by him.

The things we are afraid of seem to be like high mountains to climb. When we have gone through them they were in fact small speed bumps.

Dear God, it is I who have made my life a mess. I have done it, but I cannot undo it. I desperately need Your help. My mistakes are mine, and I will begin a searching and fearless truth-finding inventory. I will write down the exact NATURE of my wrongs. I pray for the strength to complete the task. Amen.

If I am trying to make myself "un-self-centered", isn't that still being self-centered?

Is it possible that fear is a conscious decision?

Instead of going into the 4th Step as "cleaning your room by rearranging the same old stuff you've always been stuck with", think of it as "cleaning your room by throwing out the stuff you don't want so you can replace it with stuff you DO want".

The way you are is NOT the result of what has happened to you, it's the result of what you decide to KEEP INSIDE of you.

(Contd. on Page 2)

THE STEPS & THE TRADITIONS

STEP 4 - "Made a searching and fearless moral inventory of ourselves."

TRADITION 4 - "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

(Continued from page 1)

At a certain point, we forgive because we decide to forgive. Healing occurs in the present, not the past. We are not held back by the love we didn't receive in the past, but by the love we're not giving in the present.

You don't wait to get better before you do a 4th Step; you do a 4th Step to get better.

FEAR - False Evidence Appearing Real or Frantic Efforts to Appear Recovered or Forget Everything And Run or Face Everything And Recover.

Fear is only an illusion. It is the illusion that creates the feeling of separateness, which is the false sense of isolation that exists only in your imagination.

An expectation is a premeditated resentment.

To be wronged is NOTHING unless you insist on remembering it.

If I totally, at the depth of my being, trusted God, I would never experience fear. So my fears and anxieties reveal my current agnosticism.

Non-consideration of our character defects is every bit as self-destructive as denial of them. Admission of them is what's called for. But non-sharing of them with another human being makes it impossible to experience the maximum experience of feeling ashamed of ourselves that gives the maximum hope of wanting to be rid of them all.

On the slope of Long's Peak in Colorado lies the ruin of a gigantic tree. Naturalists tell us that it stood for some four hundred years. It was a seedling when Columbus landed at San Salvador, and half grown when the Pilgrims settled at Plymouth. During the course of its long life it was struck by lightning fourteen times, and the innumerable avalanches and storms of four centuries thundered past it. It survived them all. In the end, however, an army of beetles attacked the tree and leveled it to the ground. The insects ate their way through the bark and gradually destroyed the inner strength of the tree by their tiny but incessant attacks. A forest giant, which age had not withered, not lightning blasted, nor storms subdued, fell at last before beetles so small that a man could crush them between his forefinger and his thumb. Aren't we like that battling giant of the forest? Don't we manage somehow to survive the rare storms and avalanches and lightning blasts of life, only to let our hearts be eaten out by resentments?

It is necessary that we extricate from an examination of our personal relations every bit of information about ourselves and our fundamental difficulties that we can. Since defective relations with other human beings have nearly always been the immediate cause of our woes, including our alcoholism, no field of investigation could yield more satisfying and valuable rewards than this one. Calm, thoughtful reflection upon personal relations can deepen our insight. We can go far beyond those things which were superficially wrong with us, to see those flaws which were basic, flaws which sometimes were responsible for the whole pattern of our lives. Thoroughness, we have found, will pay - and pay handsomely.

Most anger/resentment in relationships is supported by this sentence: If only you were more like me then I wouldn't have to be upset at you right now, so why don't you work at becoming more like I want you to be.

Victims don't stay sober.

SOUTH PALM BEACH COUNTY INTERGROUP PICNIC CELEBRATING OUR 30TH ANNIVERSARY

APRIL 27, 2014
11:00 AM - 4:00 PM

JOHN PRINCE PARK - CENTER DRIVE PAVILION
LAKE WORTH, FLORIDA

PICNIC TICKETS
\$10.00
KIDS UNDER 10 FREE

RAFFLE TICKETS
1 FOR \$5.00
5 FOR \$20.00

1ST PRIZE
51" PLASMA
HDTV

2ND PRIZE
\$250.00
GROCERY
GIFTCARD



COME JOIN US IN THE FELLOWSHIP OF THE SPIRIT FOR FOOD, FUN, GAMES
AND LOTS OF SMILES!

50 / 50 RAFFLE
FACE PAINTING
GAMES

BOUNCE HOUSE
VOLLEYBALL
DJ / MUSIC

CONTRIBUTIONS ACCEPTED AND APPRECIATED
Picnic Tickets & Raffle Tickets available at SPBCI Office
561-276-4581

PICNIC DIRECTIONS

From I-95: Take exit 61 for Lantana Rd 0.4 mi. Turn left onto Palm Beach 812/Lantana Rd 1.6 mi.
Turn right onto S Congress Ave 1.2 mi. Turn right onto Prince Dr 0.3 mi.
follow signs to Center Drive Pavilion

Many people think that it's too much work to put a Fourth Step inventory in writing. They believe it's much easier to simply search their memories and identify the nature of their wrongs. However, time and again, experience has shown that the opposite is true. Our popcorn-machine minds shoot out so many random and unrelated thoughts that the central theme gets lost. Writing it all down, on the other hand, creates more order and focus, and enables us to discover the recurring patterns in our actions.

Those who have gone before us in the Twelve Step process discovered that only by making a deep and soul-searching examination could they begin to effect the kind of recovery that could withstand the stimuli that sparked their dysfunctional behavior.

What we are searching out in our inventory is not only the behavior that we see as unproductive, but also the very nature of that behavior.

Does that behavior stem from fear, or from resentment, ignorance, defiance, or from a need to retaliate because others have treated us unfairly?

Those who have successfully completed Step Four report that the human tendency to generalize, skip or undervalue specifics results in an inventory that is, at best, a mediocre attempt. To truly rid ourselves of unproductive thinking and actions, we need to be detailed enough to detect the patterns that must be changed in order to create a more satisfying life.

Through the process of "uncover," "discover," "recover," we progress into deeper self-knowledge and acceptance. This process allows us to uncover long-forgotten incidents. In them, we discover the origins of earlier, carefully disguised characteristics that had become recurring themes in our bag of coping tricks. The object of this search is not to make us feel more guilty or ashamed of ourselves, but to clearly point out how the mosaic of our life has been made up of tiny missteps.

South Palm Beach County Intergroup - Profit & Loss - February 2014

	Feb 14	YTD Feb 14		Feb 14	YTD Feb 14
Ordinary Income/Expense					
Income					
Interest Income					
Cash Discounts	0.00	39.00			
Contribution-Non Group					
Anonymous	80.00	208.25			
Birthday Club	101.00	123.00			
Faithful Fivers	0.00	0.00			
Contribution-Non Group - O	0.00	0.00			
Total Contribution-Non Group	181.00	331.25			
Contribution Income	5,327.53	11,115.41			
Fund Raising Income					
2013 Alcathon Income	0.00	1,100.00			
2014 Gratitude Dinner	0.00	0.00			
2014 Picnic/Raffle	0.00	0.00			
2014 Serenity Scramble	0.00	0.00			
Total Fund Raising Income	0.00	1,100.00			
Sales					
AAWS Books	4,670.45	9,114.50			
AAWS Other	251.75	324.25			
AAWS Pamphlets	140.14	368.08			
Chips	397.25	927.75			
Demdaco Gift Items	121.00	283.00			
Gift Items	481.10	1,385.20			
Grapevine Books	204.00	340.00			
Grapevine Other Material	11.50	35.25			
Hazelden Books	619.45	1,069.60			
Hazelden Other	0.00	0.00			
Medallions	1,582.50	3,591.00			
Sale of Books	30.00	65.00			
Where & When	517.50	935.00			
Total Sales	9,026.64	18,438.63			
Total Income	14,535.17	31,024.29			
Cost of Goods Sold	6,549.25	12,275.69			
Gross Profit	7,985.92	18,748.60			
Expense					
Advertising	0.00	0.00			
Annual Report Fee	0.00	61.25			
Bank Service Charges	15.00	30.00			
Fees Credit Cards	208.29	412.80			
Fund Raising Expenses					
2013 Gratitude Dinner	0.00	0.00			
2013 Picnic Expenses	0.00	0.00			
2013 Serenity Scramble	0.00	0.00			
Total Fund Raising Expenses	0.00	0.00			
Insurance	97.50	195.00			
Inventory Adjusment	0.00	0.00			
Quarterlies / Mileage Reimb	0.00	0.00			
Miscellaneous Expenses	0.00	0.00			
Payroll Expenses	3,395.37	7,639.60			
Postage and Delivery	2.53	2.53			
Printing and Reproduction					
SCAAN	191.00	382.00			
Printing and Reproduction -	80.00	80.00			
Total Printing and Reproduction	271.00	462.00			
Professional Fees					
Accounting	0.00	0.00			
Computer Technology	0.00	0.00			
Total Professional Fees	0.00	0.00			
Program & Committee Expense:	0.00	0.00			
Rent	1,273.58	2,547.16			
Repairs					
Building Repairs & Maintens	0.00	0.00			
Total Repairs	0.00	0.00			
Storage	65.00	65.00			
Supplies	477.28	767.67			
Telephone	320.21	633.26			
Utilities					
Electric	197.20	394.40			
Total Utilities	197.20	394.40			
Total Expense	6,322.96	13,210.67			
Net Income	1,662.96	5,537.93			

Office Volunteers

Joe H., Kelly N., Bari, Caryl, Elizabeth, Ken, Petti,
Michael G., Stan, Dennis, Joe B., Andrew, George,
Alan, Caitlin, Christine, Chris T., Alexandra D.,
Luke, Carol, Joe A., Langston P., Sarah R.,
Eleanor, Katrina, Heather, Joe M., Nancy

Operating Acct	\$13,504.89	Accounts Receival	\$0.00	Fixed Assets	3,064.71
Prudent Reserve Act	\$23,975.52	Inventory Asset	30,307.40	Other Asset/Rent Dep	2,769.38
Petty Cash	\$150.00	Other Current Ass	4,161.13	TTL FIXED/OTHER ASSETS	5,834.09
TTL CHECKING/SAVINGS	\$37,630.41	TTL CURRENT ASSETS (Incl. Chk/Sav)	72,098.94	TTL CASH & ASSETS	\$77,933.03

NEW! Where and When
March 2014
On Sale @ SPBCI Office

GROUP CONTRIBUTIONS: FEBRUARY 2014 AND YEAR-TO-DATE 2014

GROUP CONTRIBUTIONS: FEBRUARY AND YEAR-TO-DATE 2014

GROUP NAME(S)	Feb 2014	YTD 2014	GROUP NAME(S)	Feb 2014	YTD 2014	GROUP NAME(S)	Feb 2014	YTD 2014
1-2-3 Step, Boca	40.00	40.00	Just For Now, Boca	245.50	245.50	Serenity on the Beach , Lantana	0.00	0.00
11th Step Group, Lake Worth	0.00	0.00	KISS Boynton Beach	0.00	0.00	Sober Sisters, Boca	35.75	120.97
12 O'Clock High, W Boca	50.00	125.00	Lake Worth Tues Nite BBSS	0.00	0.00	Sober Sisters, Lake Worth	0.00	0.00
Acceptance is the Answer, Delray	0.00	0.00	Lake Worth Young People's	0.00	0.00	Sober Sunset Group, Boca Pines	150.00	300.00
All Aboard	0.00	0.00	Language Of The Heart, Delray	0.00	0.00	Sobriety For Breakfast, W Boca	0.00	304.00
Big Book Adventure, Boca	0.00	208.16	Lantana Group	0.00	0.00	Sobriety In The Wind, Delray	0.00	83.20
Big Boys, Boca	0.00	0.00	Let's Do Lunch, Boca	0.00	0.00	SOS (10am), Boca	0.00	467.00
Boca Boys, West Boca	0.00	0.00	Living Sober Women, Delray	0.00	0.00	Spiritual Awakenings, Boca	0.00	64.50
Boca Men's Recovery	0.00	0.00	Lunch Bunch, Boca	294.00	515.10	Step Aboard All Traditions	0.00	0.00
Boca Men's, Boca	0.00	0.00	Men's Tuesday Solution, Boca	0.00	0.00	Step by Step, Delray	0.00	0.00
Boca Women's Group	0.00	0.00	Men On-Track, Boca	0.00	24.00	Sunday Morning Spiritual Group	0.00	0.00
Boynton Beach Beginners	0.00	0.00	Men With Solutions, Delray	125.00	280.50	Sunday Night Speaker - Boca	0.00	0.00
Boynton Beach Group, Boynton	0.00	0.00	Midday Miracles, Delray	208.80	208.80	Sunny Isles, Lantana	0.00	412.00
Boynton Beach Men's	0.00	0.00	Morning Medicine, Boca	0.00	100.00	Sunrise Beach Meeting, Delray	3,000.00	3,000.00
Boynton Boat Ramp Group	0.00	0.00	New Beginnings, Wayside	0.00	0.00	TGIF, Delray	0.00	100.00
Cardinal Lane, Lantana	50.00	62.60	New Life Group	0.00	0.00	The Gathering	0.00	100.00
Cheer Up @1013	0.00	0.00	New Life II	100.00	200.00	Too Young to Be Glum	0.00	0.00
Daily Grace	0.00	0.00	No Matter What Group	0.00	0.00	Tuesday Men's Solutions	454.00	454.00
Delray 11th Step Meditation Grp	0.00	0.00	North Boca Steps & Traditions	0.00	0.00	We Agnostics, Boca	40.00	40.00
Depression and the Alcoholic	0.00	0.00	North Delray Steps & Traditions	0.00	0.00	We are Not Saints, Boynton	0.00	0.00
Derailroaded Group	0.00	0.00	One Day At A Time, Delray	0.00	0.00	We Believers, Boca	0.00	0.00
Divas at 830 AM	0.00	328.80	One Page at a Time, Delray/Beach	0.00	0.00	Wednesday Night Beginners W Boca	0.00	93.00
Double Digit Gang, Delray	0.00	0.00	Open Your Heart, Delray	0.00	0.00	Welcome Home in Delray	80.00	80.00
Downtown Delray Group	0.00	0.00	Page 83	0.00	0.00	West Boca Beginners	0.00	100.00
Downtown, Boynton	0.00	0.00	People With Time	0.00	0.00	West Boca Friendship Group	0.00	360.00
East Delray Men's Group	0.00	221.80	Primary Purpose, Boca Pines	0.00	0.00	West Boynton Group	0.00	750.00
Eastside Women's Group	100.00	100.00	Principles and Promises	50.00	50.00	Westside Group, Delray	0.00	31.00
Experience, Strength & Hope, BB	0.00	0.00	Principles in Practice	0.00	0.00	Women's Big Book Study, Boca	0.00	0.00
Eye Opener's, Lake Worth	0.00	0.00	Road To Recovery, Boca	0.00	0.00	Women in Recovery, Boca	132.26	132.26
Fri Night Special/Sat.Eve Post	0.00	0.00	Romance & Finance, W Boca	0.00	100.00	Women Living Sober, Boca	0.00	40.00
From Steerage	50.00	50.00	Safe Harbor, Boynton	0.00	125.00	Women's Peace of Mind, Boca	0.00	0.00
Inside Out Group	0.00	0.00	Saturday Night Live @ Five, Boca	0.00	0.00	Womens BBSS, Delray	0.00	0.00
Intergroup Meeting	72.22	124.22	Second Chance Women, Delray	0.00	0.00	Young at Heart, Delray	0.00	0.00
Journey to Freedom, Boca	0.00	0.00	Seniors In Sobriety, Delray	50.00	150.00	Young People with a Solution	0.00	0.00
Just Before Dawn	0.00	500.00	Serenity Hour, Delray	0.00	324.00	Total Group Contributions	5,327.53	11,115.41

AA HOTLINE – RELAY PHONE



The Hand of AA is Available 24 Hours a Day!

April - Young People With A Solution

May - Big Book Adventure Group

June - All Aboard!

July - Boynton Beach Group

FAITHFUL FIVERS

With Gratitude for their support:

Stan R. – Just Before Dawn

Michael G. – Sobriety for Breakfast

Bari W. – Welcome Home in Delray



BIRTHDAY CLUB

Ron G., 3/24/85, 29 yrs - Boca Men's

Brette G., 3/6/90, 24 yrs - Principles & Promises

Snow P., 3/7/75, 39 yrs - Sober Sisters

Stan R., 15 yrs - Just Before Dawn

Alan G., 3/29/12, 2 yrs - Downtown Delray

Congratulations!
from SPBC Intergroup

BIRTHDAY CLUB

SOUTH PALM BEACH COUNTY INTERGROUP

CONGRATULATIONS ON YOUR ANNIVERSARY!

Your donation goes to help the valuable services provided by Intergroup including the AA hotline, meeting schedules, 12 step work, literature inventory, SCAAN newsletter and hospital/institution meetings.

Name _____ Anniversary Date _____

Home Group _____ Contribution* \$ _____

*Recommended contribution is \$1 for every year of sobriety.

If you would like a reminder notice next year, please fill out the address portion below or provide an email address.

Address _____ City _____

State/Zip _____ Email _____

INTERGROUP BUSINESS MEETING MINUTES FEBRUARY 26, 2014

Chairperson: Ed T. Meeting opened with a moment of silence followed by the Serenity Prayer. Minutes from the January 29, 2014 meeting were approved. The Twelve Traditions were read. New Group reps welcomed. The By-Laws ad-hoc committee will present their recommendations at today's meeting. A brief orientation on the roles and responsibilities of a group rep is tentatively scheduled for next month. The need for a Serenity Scramble chair and a group to sponsor the Gratitude Dinner was announced.

New Group Reps: Boynton Beach Beginners- Todd M.; The League Of Extraordinary Gentlemen- Josiah B.; Men With Solutions- Bart D.; Women Living Sober- Peggy D. (alt.); The Gathering- Phillip P.; Divas- Jennifer D.; East Delray Men's- Ed. S.; Men On Track- Troy G.; Sunrise Beach Meeting-Fiona A.; Sunrise Beach Meeting- Gary K. (alt.); North Delray Steps and Traditions- Ryan W.; From Steerage To Captain's Table- Evan E.; Welcome Home in Delray- Diane C.

Office Manager: Jeannie G. Thanks to all the volunteers for their service. The Annual Intergroup Picnic will be held on April 27th. Joe A., committee chair has been organizing committees for the event. Picnic tickets will be distributed to group reps for sale for \$10. The Raffle prize of a 50 inch TV is currently displayed at the office. Raffle tickets can be bought at the Intergroup office for \$5. Donations and volunteers are welcome.

Archivist: Michael G. Excused absence.

Archives: Dereck L. The committee is purchasing a machine to transfer old cassette tapes to CDs to preserve the life of the speaker tapes. Volunteers are needed to help.

Bridge the Gap: Jacob K. (men)- No report. Trish C. (women)- No report.

General Service Liaison: Andy D. Andy gave a report from the February 9, 2014 meeting. Highlights include the 58th Florida State Convention on July 16-20th which is being held in Fort Lauderdale. The delegates report will be on July 13th at the Triangle Club. The Traditions and Concepts committee is offering to do a Tradition Skit or concept panel at anyone's homegroup. The Corrections committee announced Spanish speaking meetings in jails and correction centers. The Archives committee will be attending the First Annual Florida Archives Workshop in Winter Park this month. The Public Information committee completed the "Digital literature rack" for high school students to access. For a detailed report contact the Intergroup office. If a group does not have a GSR, they can appoint a contact member of their home group to receive information from the monthly meetings. General Service meetings are held on the 2nd Sunday of the month at the Triangle Club at 4pm.

Group Information: Bari W. Bari attended the business meeting for the group Divas @ Night which is held Monday 8pm at Crossroads. She discussed Intergroup related information. Any group interested in a presentation, please contact the Intergroup office.

Hospitals and Institutions: Phil P. and Kitty B. Phil gave the report. H&I brings 45 meetings into 17 facilities. Alternatives In Treatment cancelled their meeting. There are two new meetings at Solutions Recovery Center in Boca. These are men only meetings. Currently there is a surplus of volunteers, so if anyone wants to do H&I service, they can attend the NPBC Intergroup meeting on the first Sunday of the month at 5pm at the Triangle Club. New volunteers must attend their orientation at 4:30pm. SPBC meetings are held on the third Saturday of the month at the Intergroup office at 2pm.

Public Information: Linda C. No report.

SCAAN: Maryanne and John T. Articles are always welcome and can be emailed to the Intergroup office.

Telephone Relay: Willie B. The relay phone is covered through the month of July. Groups are needed to take the phone for the remainder of the year.

12th Step Committee: David C. (men)- Unexcused absence. Sarah B. (women) - Excused absence. No report.

Where and When: Hannah F. The March W&W has been printed and is on sale. If there are any changes, correction or additions, please contact the Intergroup office and we can change it on the website until the next printing.

Liaison to North County Intergroup: Pam T. The NPBC Intergroup Business meeting was held on February 12th. The Annual Oldtimers Speaker Meeting will be held on March 15th at Holy Spirit Catholic Church, 1000 Lantana Road. Coffee and dessert at 5:30pm. Speakers begin at 6:15pm. Anyone with 35+ years of sobriety is welcome to speak. Please contact Ed at the NPBC Intergroup office at 561-655-5700. The 2015 International Convention registration forms will be sent to all Intergroup offices in August if you can register on-line at AA.org. H&I will be holding their Bowling for Big Books on March 16th. For a detailed report, contact the Intergroup office.

By-Laws Limited Committee: Bob M. The committee members, Bob M., Stan R. and Steve C. finished their review of the current By-Laws. A copy of the proposed new By-Laws have been emailed to reps and hard copies were distributed at the meeting. Bob M. presented a summary of the proposed changes. Intergroup reps are urged to bring them back to their homegroups for discussion. Any questions or recommendations can be emailed to Bob M. At bob@ainpalmbeach.org or mycoach@rumoreno.com.

Annual Intergroup Picnic: Joe A. Joe A. gave a report on the Intergroup Picnic. Flyers and picnic and raffle tickets have been printed. The raffle prize is a 50 inch plasma TV and a \$250 food gift card. Tickets are \$10 and raffles are \$5 or 5 for \$20. There will be live music and a DJ, many children activities including a bounce house and face painting. Large coolers are needed for food, ice and drinks. Volunteers are need for the many picnic committees. Please contact the Intergroup office to sign up.

New Business:

1. A motion was made by Ed T. and seconded to contribute \$300 to General Service, \$100 to District 8 and \$100 to Area 15. The motion was voted on and passed.
2. Due to a decrease in operating expenses at the Intergroup office, the Steering Committee proposed a decrease in the prudent reserve amount. A vote will be taken at the next Business Meeting.

Meeting ended with the Lord's Prayer.
Respectfully submitted by Cheryl S.

MEETING UPDATES

AA History

The Boca Pines Club - Saturday @ 12:15 PM
OD (New Format)

Wednesday Morning 11th Step Group

Crossroads Club - Wednesday @ 7:00 AM
OM (New Format)

Women's Fourth Dimension

Church of the Guardian Angel
Wednesday @ 7:00 PM
CBW (Existing Meeting)
Monday @ 7:00 PM
CTW (New Meeting)

Tradition Three Group - Wednesday @ 5:30 PM

Crossroads Club (Previous Meeting Location)
Unity Church (New Meeting Location)
101 NW 22 Street, Delray Beach
(Please park in WEST parking lot)
CB

UPCOMING EVENTS

April 4-6

South Florida Area 15 General Service Assembly
Tampa, altchair@district2tampaaa.org

May 2-4

24th Spring Conference - The Woodstock of AA
Orlando, gyeldell@cfl.rr.com

May 8-11

36th Big Book Seminar
Ft. Lauderdale, www.bigbookseminar.com

June 6-8

Founders Day
79th Anniversary of Alcoholics Anonymous - Akron
www.foundersdayregistration.akronaa.org

July 16-20

58th Florida State Convention
Ft. Lauderdale, www.58.flstateconvention.com

August 15-17

The Women in Recovery Conference
Delray Beach, www.thewomeninrecovery.com

August 21-24

56th ICYPAA - San Antonio
56th.icypaa.org www.icypaa.org

September 26-28

Intergroup/Central Office/A.A.W.S./Grapevine
Seminar, Chicago, www.ChicagoAA.org

July 2-5, 2015

2015 International Convention of Alcoholics
Anonymous
Atlanta, www.aa.org

April Service Meetings

April 13

District 8 General Service Business Meeting - Triangle Club,
4:00 PM: GSR/DCM SHARING
4:40 PM DISTRICT 8 BUSINESS MEETING

April 19

SPBC Intergroup H&I Committee Meeting
Saturday, 2:00 PM - SPBCI Office

April 26

SPBC Intergroup Steering Committee Meeting
Saturday, 9:00 AM - SPBCI Office

April 30

SPBC Intergroup Monthly Business Meeting
Wednesday, 7:00 PM - Delray Central House

South Palm Beach County Intergroup Association, Inc.

2905 South Federal Highway • Building C, Suite 15-16
Delray Beach, FL 33483

24-hours: 561.276.4581

Email: southcountyyaa@comcast.net

Website: www.aainpalmbeach.org

Office Hours

Monday-Friday: 9am - 5pm

Saturday: 10am - 1pm

STEERING COMMITTEE

Chair - Ed T. Vice Chair - Sarah R.
Treasurer - John S. Secretary - Cheryl S.
Office Manager - Jeannie G.

COMMITTEES

Archives Derek L.
Archivist Michael G.
Bridge the Gap - Men Jacob K.
Bridge the Gap - Women Trish C.
General Services Liaison Andy D.
Group Information Bari W.
Hospitals & Institutions Phil P.
Hospitals & Institutions Kitty B.
Liaison to North County Intergroup Pam T.
Public Information Linda C.
SCAAN Maryanne & John T.
Telephone Relay Willie B.
Twelve Step Committee - Men David C.
Twelve Step Committee - Women Sarah B.
Webmaster David R.
Where & When Hannah F.

SPBC INTERGROUP EVENT CHAIRS

Anniversary Picnic (April) Joe A.
Serenity Scramble (October) OPEN
Intergroup Gratitude Dinner (November) OPEN