

THOUGHTS ON STEP THREE BY TOMMY B.

I sat across the table from my sponsor, Big Book in hand, and we read the first 80 pages. Next, came the chapter titled "How It Works". It is here that I "relearned" my ABC's:
I am an alcoholic and cannot manage my own life
No human power could relieve my alcoholism
God could and would if He is sought
Of this I MUST be convinced!
I crawled into the rooms of Alcoholics Anonymous with a drinking problem. I soon realized the problem was "ME" - the alcohol was but a symptom.
I am selfish and self centered. My very life focuses on ME doing exactly what I want with no regard for the rights or feelings of anyone else. I am always in collision with something or someone as I try to arrange life to suit ME - always complaining "I want this" or "I want that". If I am truly honest with myself, I have no clue what I want.
I live in the delusion that other people are always to blame. I MUST be rid of my selfishness or it will kill me. It is not the booze, it is my "self will". I also know I cannot reduce or conquer this dilemma "on my own". I have made so many vain attempts and failure is always the result. So, what am I to do? STEP THREE is my answer. *"Made a decision to turn our will and our lives over to the care of God, as we understood Him."*
I must quit playing God. This is a very simple concept for a complicated alcoholic. Each day I must work on my relationship with the God of my understanding.
And, as a direct result, my life improves and I experience peace and realize the desire to drink is arrested for that day!

Once I made the decision to turn my will and my life over to the care of God, I was able to understand the problem and learn the solution. Making this decision allowed me to launch into the Plan of Action (Steps 4 thru 12) outlined in the Big Book of Alcoholics Anonymous.
I am not much but I am all I think about This program did not teach me how to love myself ... this program taught me how to love others ... and this all began with Step Three.

God bless!
Tommy B.

TRADITION 3 CHECKLIST
Tradition Three: The only requirement for AA membership is a desire to stop drinking.

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

THE STEPS & THE TRADITIONS

STEP 3 - Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
TRADITION 3 - "The only requirement for AA membership is a desire to stop drinking."

SOUTH PALM BEACH COUNTY INTERGROUP PICNIC CELEBRATING OUR 30TH ANNIVERSARY

APRIL 27, 2014
11:00 AM - 4:00 PM

JOHN PRINCE PARK - CENTER DRIVE PAVILION
LAKE WORTH, FLORIDA

PICNIC TICKETS
\$10.00
KIDS UNDER 10 FREE

RAFFLE TICKETS
1 FOR \$5.00
5 FOR \$20.00

1ST PRIZE
51" PLASMA
HDTV



2ND PRIZE
\$250.00
GROCERY
GIFTCARD

*COME JOIN US IN THE FELLOWSHIP OF THE SPIRIT FOR FOOD, FUN, GAMES
AND LOTS OF SMILES!*

50 / 50 RAFFLE
FACE PAINTING
GAMES

BOUNCE HOUSE
VOLLEYBALL
DJ / MUSIC

CONTRIBUTIONS ACCEPTED AND APPRECIATED
Picnic Tickets & Raffle Tickets available at SPBCI Office
561-276-4581

PICNIC DIRECTIONS

From I-95: Take exit 61 for Lantana Rd 0.4 mi , Turn left onto Palm Beach 812/Lantana Rd 1.6 mi ,
Turn right onto S Congress Ave 1.2 mi , Turn right onto Prince Dr 0.3 mi ,
follow signs to Center Drive Pavilion

South Palm Beach County Intergroup - Profit & Loss - January 2014

	Jan 14	YTD Jan 14		Jan 14	YTD Jan 14
Ordinary Income/Expense			Inventory Adjusment	0.00	0.00
Income			Quarterlies / Mileage Reimb	0.00	0.00
Interest Income			Miscellaneous Expenses	0.00	0.00
Cash Discounts	39.00	39.00	Payroll Expenses	4,244.23	4,244.23
Contribution-Non Group			Postage and Delivery	0.00	0.00
Anonymous	128.25	128.25	Printing and Reproduction		
Birthday Club	22.00	22.00	SCAAN	191.00	191.00
Faithful Fivers	0.00	0.00	Printing and Reproduction - t	0.00	0.00
Contribution-Non Group - Otl	0.00	0.00	Total Printing and Reproduction	191.00	191.00
Total Contribution-Non Group	150.25	150.25	Professional Fees		
Contribution Income	5,787.88	5,787.88	Accounting	0.00	0.00
Fund Raising Income			Computer Technology	0.00	0.00
2013 Alcathon Income	1,100.00	1,100.00	Total Professional Fees	0.00	0.00
2014 Gratitude Dinner	0.00	0.00	Program & Committee Expenses	0.00	0.00
2014 Picnic/Raffle	0.00	0.00	Rent	1,273.58	1,273.58
2014 Serenity Scramble	0.00	0.00	Repairs		
Total Fund Raising Income	1,100.00	1,100.00	Building Repairs & Maintenan	0.00	0.00
Sales			Total Repairs	0.00	0.00
AAWS Books	4,444.05	4,444.05	Storage	65.00	65.00
AAWS Other	72.50	72.50	Supplies	290.39	290.39
AAWS Pamphlets	227.94	227.94	Telephone	313.05	313.05
Chips	530.50	530.50	Utilities		
Demdaco Gift Items	162.00	162.00	Electric	197.20	197.20
Gift Items	904.10	904.10	Total Utilities	197.20	197.20
Grapevine Books	136.00	136.00	Total Expense	6,952.71	6,952.71
Grapevine Other Material	23.75	23.75	Net Income	3,809.97	3,809.97
Hazelden Books	450.15	450.15			
Hazelden Other	0.00	0.00			
Medallions	2,008.50	2,008.50			
Sale of Books	35.00	35.00			
Where & When	417.50	417.50			
Total Sales	9,411.99	9,411.99			
Total Income	16,489.12	16,489.12			
Cost of Goods Sold	5,726.44	5,726.44			
Gross Profit	10,762.68	10,762.68			
Expense					
Advertising	0.00	0.00			
Annual Report Fee	61.25	61.25			
Bank Service Charges	15.00	15.00			
Fees Credit Cards	204.51	204.51			
Fund Raising Expenses					
2013 Gratitude Dinner	0.00	0.00			
2013 Picnic Expenses	0.00	0.00			
2013 Serenity Scramble	0.00	0.00			
Total Fund Raising Expenses	0.00	0.00			
Insurance	97.50	97.50			

Office Volunteers

Joe H., Kelly N., Bari, Caryl, Elizabeth, Ken, Petti,
Michael G., Stan, Dennis, Joe B., Andrew, George,
Alan, Caitlin, Christine, Chris T., Alexandra D.,
Luke, Carol, Joe A., Langston P., Sarah R.,
Eleanor, Katrina, Heather, Joe M.

Operating Acct	\$15,841.01	Accounts Receivable	\$0.00	Fixed Assets	3,064.71
Prudent Reserve Act	\$24,001.31	Inventory Asset	26,646.40	Other Asset/Rent Dep	2,769.38
Petty Cash	\$150.00	Other Current Assets	3,564.18	TTL FIXED/OTHER ASSETS	5,834.09
TTL CHECKING/SAVINGS	\$39,992.32	TTL CURRENT ASSETS (Incl. Chk/Sav)	70,202.90	TTL CASH & ASSETS	\$76,036.99

NEW! Where and When
March 2014
On Sale @ SPBCI Office

GROUP CONTRIBUTIONS: JANUARY 2014 AND YEAR-TO-DATE 2014

GROUP CONTRIBUTIONS: JANUARY AND YEAR-TO-DATE 2014		Jan 2014		YTD 2014		Jan 2014		YTD 2014		Jan 2014		YTD 2014	
GROUP NAME(S)		Jan 2014	YTD 2014	GROUP NAME(S)		Jan 2014	YTD 2014	GROUP NAME(S)		Jan 2014	YTD 2014	GROUP NAME(S)	
1-2-3 Step, Boca		0.00	0.00	Just For Now, Boca		0.00	0.00	Serenity on the Beach , Lantana		0.00	0.00		0.00
11th Step Group, Lake Worth		0.00	0.00	KISS Boynton Beach		0.00	0.00	Sober Sisters, Boca		85.22	85.22		85.22
12 O'Clock High, W Boca		75.00	75.00	Lake Worth Tues Nite BBS		0.00	0.00	Sober Sisters, Lake Worth		0.00	0.00		0.00
Acceptance is the Answer, Delray		0.00	0.00	Lake Worth Young People's		0.00	0.00	Sober Sunset Group, Boca Pines		150.00	150.00		150.00
All Aboard		0.00	0.00	Language Of The Heart, Delray		0.00	0.00	Sobriety For Breakfast, W Boca		304.00	304.00		304.00
Big Book Adventure, Boca		208.16	208.16	Lantana Group		0.00	0.00	Sobriety In The Wind, Delray		83.20	83.20		83.20
Big Boys, Boca		0.00	0.00	Let's Do Lunch, Boca		0.00	0.00	SOS (10am), Boca		467.00	467.00		467.00
Boca Boys, West Boca		0.00	0.00	Living Sober Women, Delray		0.00	0.00	Spiritual Awakenings, Boca		64.50	64.50		64.50
Boca Men's Recovery		0.00	0.00	Lunch Bunch, Boca		221.10	221.10	Step Aboard All Traditions		0.00	0.00		0.00
Boca Men's, Boca		0.00	0.00	Men's Tuesday Solution, Boca		0.00	0.00	Step by Step, Delray		0.00	0.00		0.00
Boca Women's Group		0.00	0.00	Men On-Track, Boca		24.00	24.00	Sunday Morning Spiritual Group		0.00	0.00		0.00
Boynton Beach Beginners		0.00	0.00	Men With Solutions, Delray		155.50	155.50	Sunday Night Speaker - Boca		0.00	0.00		0.00
Boynton Beach Group, Boynton		0.00	0.00	Midday Miracles, Delray		0.00	0.00	Sunny Isles, Lantana		412.00	412.00		412.00
Boynton Beach Men's		0.00	0.00	Morning Medicine, Boca		100.00	100.00	Sunrise Beach Meeting, Delray		0.00	0.00		0.00
Boynton Boat Ramp Group		0.00	0.00	New Beginnings, Wayside		0.00	0.00	TGIF, Delray		100.00	100.00		100.00
Cardinal Lane, Lantana		12.60	12.60	New Life Group		0.00	0.00	The Gathering		100.00	100.00		100.00
Cheer Up @1013		0.00	0.00	New Life II		100.00	100.00	Too Young to Be Gilum		0.00	0.00		0.00
Daily Grace		0.00	0.00	No Matter What Group		0.00	0.00	We Agnostics, Boca		0.00	0.00		0.00
Delray 11th Step Meditation Grip		0.00	0.00	North Boca Steps & Traditions		0.00	0.00	We are Not Saints, Boynton		0.00	0.00		0.00
Depression and the Alcoholic		0.00	0.00	North Delray Steps & Traditions		0.00	0.00	We Believers, Boca		0.00	0.00		0.00
Derailroaded Group		0.00	0.00	One Day At A Time, Delray		0.00	0.00	Wednesday Night Beginners W Boca		0.00	0.00		0.00
Divas at 830 AM		328.80	328.80	One Page at a Time, Delray Beach		0.00	0.00	Welcome Home in Delray		93.00	93.00		93.00
Double Digit Gang, Delray		0.00	0.00	Open Your Heart, Delray		0.00	0.00	West Boca Beginners		0.00	0.00		0.00
Downtown Delray Group		0.00	0.00	Page 83		0.00	0.00	West Boca Friendship Group		100.00	100.00		100.00
Downtown, Boynton		0.00	0.00	People With Time		0.00	0.00	West Boynton Group		360.00	360.00		360.00
East Delray Men's Group		221.80	221.80	Primary Purpose, Boca Pines		0.00	0.00	Westside Group, Delray		750.00	750.00		750.00
Eastside Women's Group		0.00	0.00	Principles and Promises		0.00	0.00	Women's Big Book Study, Boca		31.00	31.00		31.00
Experience, Strength & Hope, BB		0.00	0.00	Principles in Practice		0.00	0.00	Women in Recovery, Boca		0.00	0.00		0.00
Eye Opener's, Lake Worth		0.00	0.00	Road To Recovery, Boca		0.00	0.00	Women Living Sober, Boca		0.00	0.00		0.00
Fri Night Special/Sat.Eve Post		0.00	0.00	Romance & Finance, W Boca		100.00	100.00	Women's Peace of Mind, Boca		40.00	40.00		40.00
From Steerage		0.00	0.00	Safe Harbor, Boynton		125.00	125.00	Womens BBS\$, Delray		0.00	0.00		0.00
Inside Out Group		0.00	0.00	Saturday Night Live @ Five, Boca		0.00	0.00	Young at Heart, Delray		0.00	0.00		0.00
Intergroup Meeting		52.00	52.00	Second Chance Women, Delray		0.00	0.00	Young People with a Solution		0.00	0.00		0.00
Journey to Freedom, Boca		0.00	0.00	Seniors in Sobriety, Delray		100.00	100.00						
Just Before Dawn		500.00	500.00	Serenity Hour, Delray		324.00	324.00						
Total Group Contributions											5,787.88	5,787.88	

AA HOTLINE – RELAY PHONE



The Hand of AA is Available 24 Hours a Day!

March - Journey to Freedom
April - Young People With A Solution
May - Big Book Adventure Group
June - All Aboard!
July - Boynton Beach Group

FAITHFUL FIVERS

With Gratitude for their support:

Stan R. – Just Before Dawn
Michael G. – Sobriety for Breakfast
Bari W. – Welcome Home in Delray



BIRTHDAY CLUB

Emily V. - 1/16/10 - 4 years
Boynton Beach Beginners Group
Bette H. - 2/14/13 - 1 year
Boynton Beach Beginners Group
Sarah R. - 2/18/07 - 7 years
Women With A Solution

Congratulations!
from SPBC Intergroup

BIRTHDAY CLUB

SOUTH PALM BEACH COUNTY INTERGROUP

CONGRATULATIONS ON YOUR ANNIVERSARY!

Your donation goes to help the valuable services provided by Intergroup including the AA hotline, meeting schedules, 12 step work, literature inventory, SCAAN newsletter and hospital/institution meetings.

Name _____ Anniversary Date _____

Home Group _____ Contribution* \$ _____

*Recommended contribution is \$1 for every year of sobriety.

If you would like a reminder notice next year, please fill out the address portion below or provide an email address.

Address _____ City _____

State/Zip _____ Email _____

INTERGROUP BUSINESS MEETING MINUTES- JANUARY 29, 2014

Chairperson: Ed T. Meeting opened with a moment of silence followed by the Serenity Prayer. Minutes from the November 20, 2013 meeting were approved. The Twelve Traditions were read. New group reps were welcomed. Ed took a consensus of new group reps and announced an upcoming 15-20 minute orientation on the roles and responsibilities of a group rep. Orientation will probably be held in March. The need for a General Service Liaison chair, Serenity Scramble chair and group sponsor for this year's Gratitude Dinner was announced.

New Group Reps: New Life- Paul L.; Women's BBSS- Tracy M.; Lake Worth Young People's Group- Zac R.; Boynton Beach Men's Group- Dan Y.; Easy Does It- Stuart M.; Central House- Jerry V.; Men's Spiritual Sobriety- Joe M.; West Boynton Group- Joe H.; Sunday Morning Spiritual- Rose M.; Downtown Delray Group- Mary G.

Vice Chair: Sarah R. No report.

Treasurer: John S. Excused absence. Sarah R. read report. Financial figures are in the SCAAN. Last year's fund raisers did very well. The sales of Big Books and office sales are consistent with last year. The Intergroup office is always in need of contributions. Baskets were passed according to the 7th Tradition.

Secretary: Cheryl S. No report.

Office Manager: Jeannie G. Thanks were given to all the office volunteers for their support and service. The Intergroup office has changed the Saturday hours to 10am-1pm on a trial basis.* The date for the Annual Intergroup Picnic is April 17, 2014 at John Prince Park. The raffle prizes are a 50 inch plasma TV and a \$250 "Grocery Gift Certificate" which was anonymously donated. The TV will be displayed in the office. Tickets for the picnic and the raffle go on sale on February 17th. Donations for the picnic are always welcome.

Archivist: Michael G. Excused absence.

Archives: Dereck L. The Archives had a booth at the Gratitude Dinner which went very well. The committee will have a display table at the 58th Florida State Convention, July 16th-20th in Fort Lauderdale.

Bridge the Gap: Jacob K. (men)- No report. Trish C. (women)- No report.

Group Information: Bari W. Bari will be attending "Divas At Night" at their next business meeting in February. If any group needs assistance, please contact the Intergroup office.

General Service Liaison: Andy D attended the meeting and volunteered to take the minutes since there was no General Service Liaison chair at that time. Committee chairs gave their reports which included information from the Area 15 Quarterly which was held January 3rd-5th, 2014 in Fort Lauderdale. The next South Florida Area Assembly will be held on April 4th-6th in Tampa. A motion was made to create a page on the District website for a "digital literature rack" allowing students to access AA resources. The motion passed unanimously. For a detailed report, please contact the Intergroup office. General Service business meetings are held the 2nd Sunday of the month at 4pm at the Triangle Club.

Hospitals and Institutions: Phil P. and Kitty B. Kitty B. gave the report. H&I currently brings 44 meetings a week into 17 facilities. There are no changes to the current meeting schedules. There is a surplus of volunteers for SBPC, so if anyone wants to do H&I service, they can attend the NPBC Intergroup H&I meeting on the first Sunday of every month at the Triangle at 5pm. You must first attend an orientation which begins at 4:30pm. The change in Intergroup's office hours do not affect the time of the H&I meeting which is held on the third Saturday of every month at 2pm.

Public Information: Linda C. No report.

SCAAN: Maryanne and John T. Articles are always welcomed and can be emailed to the Intergroup Office.

Telephone Relay: Willie B. The relay phone is covered through the month of July.

Where and When: Hannah F. The new W&W will be coming out in March. Any changes or additions must be received in the Intergroup office no later than February 5th.

12th Step Committee: Sarah B. (women)- The 12th step call list is up to date and has 35 contacts. David C. (men)- The 12th step list is up to date and has approximately 40 contacts. The Committees always need more volunteers.

Liaison to North County Intergroup: Pam T. Elections for NPBC Intergroup committee chairs will be held at the March business meeting. The annual Old Timer's Spaghetti Dinner has been changed to a Cake and Ice-cream social to accommodate the length of the event so the speakers have more time to share. If you have 35 years or more of sobriety and are interested in speaking, contact Ed at the NPBC Intergroup office. The event is being held on March 15th at the Holy Spirit Catholic Church, 1000 Lantana Road in Lantana at 5:30pm. Speakers to follow at 6:15pm. For a detailed report, contact the SPBC Intergroup Office.

By-laws Ad-hoc Committee: Bob M. The committee is almost finished reviewing the current By-laws and expect to present the Steering Committee with their recommendations at their next meeting. The committee is asking the body to invest time reviewing the recommendations because only the membership has the authority to approve them.

Florida Conference for Young People in AA: Andrew H. The FYCCAPA annual conference will be held in Palm Beach this year at the PGA National Hotel the weekend of July 4, 2014. Volunteers are needed from SPBC. The committee meets the 3rd Sunday of every month at 1pm at the Triangle Club. For more information contact the Intergroup office or ahamburg22@gmail.com.

New Business:

1. Election for General Service Liaison Chair: Andy D. volunteered and was elected as the new chair.

2. Election for the Annual Intergroup Picnic Chair: Joe A. volunteered and was elected as the new chair.

3. Serenity Scramble Chair: The need for a chair for this year's Serenity Scramble was announced.

4. Gratitude Dinner Group Sponsor: The need for a group to sponsor this year's Gratitude Dinner was announced.

The meeting ended with the Lord's Prayer.
Respectfully submitted by Cheryl S.

MEETING UPDATES

XYZ-32 Group (Previous Name)

The League of Extraordinary Gentlemen (New Name)

Church of the Palms - Saturday @ 6:30 PM - MOD

Untitled Group

Boynton Beach Congregational Church

Saturday @ 10:00 AM - No longer a meeting

Living Sober Women

Crossroads Club - Saturday @ 9:30 AM

ODW (previously listed CDW)

Higher Power Breakfast

Crossroads Club - Tuesday and Thursday - 7:00 AM - OB

New Life Group

Church of Our Savior, 2011 S. Federal Hwy.

Monday @ 7:00 PM - CMT (no longer Tuesday 7:00 PM meeting)

Women With A Solution

Lions Club - Tuesday @ 7:00 PM - CSDW (new format)

The Gathering

Church of the Palms, 1960 N. Swinton Avenue

Wednesday @ 7:30 PM - O(~) (new format)

Carry This Message (new name for The Primary Purpose Group)

Solid Rock Christian Church, 189 W. Camino Real

Tuesday @ 8:30 PM - CBD

Morning Medicine - The Boca Pines Club

Monday @ 10:00 AM - OTD (new format)

Wednesday @ 10:00 AM - OSD (new format)

Sunday Serenity - The Boca Pines Club

Sunday @ 9:00 AM - OD (new format)

UPCOMING EVENTS

March 15

Old Timers Speaker Meeting

Holy Spirit Catholic Church - Lantana

www.aa-palmbeachcounty.org

April 4-6

South Florida Area 15 General Service Assembly

Tampa, altchair@district2tampaaa.org

May 2-4

24th Spring Conference - The Woodstock of AA

Orlando, gyeldell@cfl.rr.com

May 8-11

36th Big Book Seminar

Ft. Lauderdale, www.bigbookseminar.com

July 16-20

58th Florida State Convention

Ft. Lauderdale, www.58.flstateconvention.com

August 21-24

56th ICYPAA - San Antonio

56th.icypaa.org www.icypaa.org

July 2-5, 2015

2015 International Convention of Alcoholics

Anonymous - Atlanta - www.aa.org

March Service Meetings

March 9

District 8 General Service Business Meeting - Triangle Club,

4:00 PM: GSR/DCM SHARING

4:40 PM DISTRICT 8 BUSINESS MEETING

March 15

SPBC Intergroup H&I Committee Meeting

Saturday, 2:00 PM - SPBCI Office

March 22

SPBC Intergroup Steering Committee Meeting

Saturday, 9:00 AM - SPBCI Office

March 26

SPBC Intergroup Monthly Business Meeting

Wednesday, 7:00 PM - Delray Central House

South Palm Beach County Intergroup Association, Inc.

2905 South Federal Highway • Building C, Suite 15-16

Delray Beach, FL 33483

24-hours: 561.276.4581

Email: southcountyyaa@comcast.net

Website: www.aainpalmbeach.org

Office Hours

Monday-Friday: 9am - 5pm

Saturday: 10am - 1pm

STEERING COMMITTEE

Chair - Ed T. Vice Chair - Sarah R.

Treasurer - John S. Secretary - Cheryl S.

Office Manager - Jeannie G.

COMMITTEES

Archives Derek L.
Archivist Michael G.
Bridge the Gap - Men Jacob K.
Bridge the Gap - Women Trish C.
General Services Liaison Andy D.
Group Information Bari W.
Hospitals & Institutions Phil P.
Hospitals & Institutions Kitty B.
Liaison to North County Intergroup Pam T.
Public Information Linda C.
SCAAN Maryanne & John T.
Telephone Relay Willie B.
Twelve Step Committee - Men David C.
Twelve Step Committee - Women Sarah B.
Webmaster David R.
Where & When Hannah F.

SPBC INTERGROUP EVENT CHAIRS

Anniversary Picnic (April) Joe A.
Serenity Scramble (October) OPEN
Intergroup Gratitude Dinner (November) OPEN